



Notes from Barbara

“Winter has arrived like the stray cat that patrols my neighborhood—annoyed by my foolish surprise at its sudden appearance...It is December, and nobody asked if I was ready.”- Sarah Kay

I hope that you all are enjoying the holidays and staying healthy! With generous donations from Village members, our social transportation program continues to be going strong. After perusing the options for continuing to stay active in our community as found in this newsletter, perhaps you might spot an event that interests you for which we are offering a ride. If so, call the office and let us know that you will be attending with The Athens Village!

December Calendar

- Mondays, Dec. 2, 9, & 16, 12-1 p.m.**
- Tai Chi for Arthritis and Falls Prevention
Athens Community Center. Free.
- Every Tuesday, 10:30 a.m.** Chair Yoga,
OSU Extension office, 280 W. Union St.,
\$5 donation per person per session.
- Every Tuesday, 1 p.m.** Informal
gathering at Bob Evans, hosted by
Ellsworth Holden
- Mon., Dec. 2, 1:30 p.m.,** Public
Information Team monthly meeting,
United Senior Center
- Mon., Dec. 9, 1:30 p.m.** Membership
Team Meeting, United Senior Center
- Tues., Dec. 10, 10:15 a.m.** Board
Meeting, *The Plains Library*
- Wed., Dec. 11, 4 p.m.** Informal
gathering at Athens Uncorked,
14 Station St. **Rides Available**
- Wed., Dec. 25, 1 p.m.** “Get More Out of
Your Membership” **CANCELLED** due
to holiday.
- Health & Wellness Team:** 4th Thursday
Meetings **CANCELLED** for December.

CULINARY CONVERSATIONS

Jack and Leslie Flemming will host a dinner at **Dynasty Restaurant, 498 Richland Ave.** on **Thursday, Jan. 9, 6 p.m., weather permitting.** RSVP to the office (740-447-0500 or theathensvillage@gmail.com) by Jan. 2. Free rides! Please also request a ride when you RSVP. If you would like to host a Culinary event, it’s quite simple. Call the TAV office to learn how.

December TAV Birthdays

If you see any of these TAV members, please wish her a Happy Birthday!

- Carol Beale Cecily Bow
- Marsha Dutton Lynn Graham
- Aileen Hall Cynthia Love
- Florence McGeoch Judy McGinn

TRANSITIONS

Mary Ann Flournoy passed away on October 23, 2019. Her memorial service will be held on **Sat., Dec. 14 from 2 to 3 p.m.** at the First United Methodist Church in Athens.

The Athens Village Voice

*Stay connected and engaged.
Your feedback is always welcome.*

Barbara Conover, Executive Director
Susan Gilfert, Administrative Assistant
David North, Home Maintenance Coordinator
Susan Gilfert and John Barrington, AVV Editors

Address: 94 Columbus Road, Building B,
ACEnet Campus, Athens, OH 45701-1312

Office phone: 740-447-0500

Office hours: Mon.-Fri. 10 a.m. to 2 p.m.

After hours: Members may call 740-447-0500 any
time. **Please** leave a message.

E-mail: TheAthensVillage@gmail.com

Website: <http://www.TheAthensVillage.org>

Board of Directors

Gregg Andrews	Marsha Dutton
Don Fucci	Jack Flemming
Steve Grimes	Ellsworth Holden
Joyce Lewis	Steve Pierson
Bonnie Prince	Gladys Bailin Stern
Louis Wright	
Corporate Sponsors	



From the President's Desk

Every fourth Wednesday of each month, our Executive Director, Barbara Conover, hosts a "Get More Out of Your Membership" hour at Tim Horton's. As president of the board, I plan to attend those events regularly, as one step in better understanding the interests, concerns, and questions of members of The Athens Village. I look forward to listening to all of the members who attend; that will range from meeting some of you members for the first time and extend all of the way to talking to members who have been friends of mine for decades. In another vein, I plan to suggest to the members of the board that for each of our regularly scheduled Athens Village activities, one board member serve as the communication link for that activity. Participants can turn to this board member with questions, concerns, and comments and the board member will keep the board informed.

Ellsworth

The Athens Village received a **donation of \$43.72** for the period Aug. 1 to Oct. 31, 2019. This is from 10 TAV member households which have signed up with Kroger's Community Rewards program to share Kroger profits with non-profit organizations.

Thanks, Kroger!



**The Athens Village
Cancellation Policy**

A Level 2 snow alert or higher means the office is closed & Village meetings are cancelled. If Athens City Schools are on a delay, morning events are cancelled.

TAV Vital Statistics

The Athens Village consists of 100 members, including 27 men and 73 women. The average age of members is 79.34 years. 11 members are over 90 years of age; 41 members are aged 80-89; 38 members are aged 70-79; 8 members are aged 60-69; and 2 members are age unknown.

OMNI FRIENDS AND COLLEAGUES!!

Would you like to help researchers understand how working memory performance is associated with aging? Researchers are interested in how neuromodulation impacts working memory in older adults. You may qualify to participate in this study if you are over the age of 50 and live independently. For more information on current research participation opportunities, please call 740-593-2378 or email ab859013@ohio.edu

Thank you!

Brian C. Clark, Ph. D.

The Health and Wellness Team
Graceful Aging Hints

**ALZHEIMER’S ASSOCIATION
WORKSHOPS**

The Alzheimer’s Association offers FREE workshops every 2nd Tuesday **at noon at The Village office**. The topic on Dec. 10 is “Living with Alzheimer’s for Caregivers: Late Stage.” *Feel free to bring your own lunch.* **Call Andrea at 740-578-4382** to register.

► Please call the office (740-447-0500) to request the Village handyman, David North. Please submit your home maintenance requests early this month! Dave does not work on Fridays-Sundays, nor does he work during Christmas week.



- ★ Free Technical Assistance at the Library
- ★ **Athens:** Fridays, 9 a.m. to 5 p.m.
- ★ **The Plains:** Tuesdays, 1:30 to 5 p.m.
- ★ Other Athens County libraries have other hours.
- ★ **Appointments are strongly encouraged,**
- ★ **especially for Athens.**
- ★ Request an appointment with **Austin** by filling
- ★ out this form (<https://www.myacpl.org/techtraining/appointments/>) or emailing tech-
- ★ nology@myacpl.org.



Technical Assistance
is also available
at The Work Station,
70 N. Plains Rd., The Plains.



It Takes TeamWork
All TAV teams need new members!
Please volunteer!

Public Information Team

Keeps The Athens Village before the eyes of the Athens County public in whatever ways possible. Currently designing new brochure. **Meets 1st Mondays 1:30 p.m. at ACEnet.**
Next meeting: Mon., Dec. 2, 1:30 p.m.,
 United Senior Center, .701 E State St

Membership Team

Works on member recruitment and retention; identifying the needs and methods to provide support to members to build relationship. Looking for a TAV member who is willing to make calls or send birthday greetings. **Meets 2nd Mondays, 1:30 p.m. at ACEnet.**

Next meeting: 1:30 p.m., Monday, Dec. 9
 United Senior Center, 701 E. State St.

Health and Wellness Team

Helps to create programs concerning safety and wellness; assists with development projects and events for the membership, including professional services, educational events, and topics of concern. Currently assessing interests in oral history project.

Meets 4th Thursdays at 3 p.m. at ACEnet.
December meeting CANCELLED due to holiday

ATHENS VILLAGE MEMBERS:
SHOP AT HOME FOR THE HOLIDAYS

In December, park in the Athens parking garage above the second floor on Thursdays from 5:00 p.m. to midnight and all day Saturday for free!!

HAPPY HOLIDAYS!

The Athens Village Executive Director
Nominated For Athena Award

Congratulations are in order to Barbara Conover, The Athens Village Executive Director, for her having been nominated for the prestigious *Athena* award, which recognizes individuals who work tirelessly for both the city of Athens and for those among us who have disabilities. Barbara was nominated by Susan Gilfert and Gladys Stern and presented in excellent fashion by Rita Oberholzer. Letters of support were written by Rita, Anna Hedges, and Marilyn Foster.



Recycling Tips From

Real World Organizing



TAV supporter Aubrei Krummert of Real World Organizing, offers this December tip:

> While you finish up preparations for the holidays, make it more enjoyable with music. When doing the "December musts," pop a CD of holiday music in the stereo and boogie your way through!

****Aubrei offers special recycling services and home pick-up.** For details and cost, call or text Aubrei at 740-249-9123 or email aubrei@realworldorg.com

Hearing Aid Interest Group

Appointments as requested by members: Call 740-447-0500 to schedule. Facilitator Richard Dean addresses issues raised by participants concerning hearing aids.



For the Love of Athens—Reasons to Age-in-Place in Athens County

Memorial Auditorium Events

Sun., Dec. 8, 2019, 7:30 p.m., “CANTUS, Three Holiday Tales.” Eight-man vocal ensemble from New York. Tickets: \$13. Sorry, no free ride available for any Sunday events.

Metropolitan Opera Live Broadcasts at the Athena Cinema



Sat., Dec. 7, Mozart’s *The Magic Flute*, 12:55.
Tickets \$12.50 for seniors.

TAV members can request a free door-to-door ride to this event. Please call the office 740-447-0500 by Dec. 3 to reserve your free seat in the van. No late requests can be taken.

The Dairy Barn Arts Center

8000 Dairy Lane, Athens



Sat., Dec. 14, 8 p.m. Starlight Ball, benefits childrens’ charities in Athens County. Tickets: \$150/couple.

Fri., Dec. 6 and Sat., Dec. 7: Holiday Bazaar

Arts/West, 132 E. State St.

Parking in the rear of the building

Sat., Dec. 7, 7 p.m., S.A.T.B.,

A Different Kind of Choir Concert.

Benefit for Arts/West and the

Astronomy Park in Logan. Admission

free; suggested donation: \$30.

Sun., Dec. 8, 3 –6 p.m. Holiday Craft

Swap. No Cash! No fee to enter, just bring something to swap.

Eclipse Company Store

Off Johnson Road, The Plains

Wed. Dec. 4, 5 to 8 p.m.:30 p.m.

“Drafts for a Difference,”

supporting the Stuart’s Arts

Education Program. \$1 from

selected pints sold support this

month’s charity. Free admission.

O’Bleness SeniorBEAT Activities

* “Life Stories from Area Coal Mining

Towns,” **Thurs., Dec. 12, 1 p.m.,**

O’Bleness Room 8

* “Fall Prevention Strategies & Tai Chi,”

Thurs., Dec. 19, 2 p.m., Athens

Community Center

To join SeniorBEAT, call Caitlin Bond at

740-434-3289

or email caitlin.bond@ohiohealth.com

Become a member of SeniorBEAT! It’s FREE!



ATHENS COUNTY
PUBLIC LIBRARIES

Athens Public Library
30 Home St., 740-592-4272
www.myacpl.org/athens/

Thurs., Dec. 5, 7 p.m. Origami with

Phyllis. Please pre-register online or by calling 740-592-4272.

Sat., Dec. 7, 2:30 p.m. Screening of *Finding Clara*, a ballet documentary, and a performance by Factory Street Dance.

Thurs., Dec. 12, 7 p.m. **Storytime for Adults: “The Adventure of the Blue carbuncle”** by A.C Doyle. Discussion & refreshments follow.

Sat., Dec. 14, 9 a.m. to 3 p.m. Monthly book sale.

Tues., Dec. 17, 5:30 p.m. Art in the Library Reception; This month’s artists include **Mary Chamberlain (oils) Bonnie Proudfoot (glass)** and a travelling museum exhibit on African-American childrens books.

Thurs., Dec. 19, 6:30 p.m. Discussion of American Jazz with Prof. Art Cromwell.

Athens County Libraries will be closed Dec. 24 and 25.

Sat., Dec. 28, 2 p.m. Screening of *Abominable* (2019) Animation

Upcoming Village Events, Dec. 2019

Mondays, noon to 1 p.m. Athens Community Center Tai Chi for Falls Prevention

 **Sat., Dec. 7, 12:55 p.m. Athena Cinema** The Met Live Presents Mozart's *The Magic Flute*

 **Wed., Dec. 11 4:00 p.m. Athens Uncorked** Informal social gathering for villagers/friends

 **Thurs., Dec. 19 5:30 p.m. Tavolino** Culinary Event, Host: Barbara Conover

Rides provided to members who call the office or email theathensvillage@gmail.com a week in advance.



Uptown for the Holidays

Thurs., Dec. 5, 6 to 8 p.m. Tree Lighting, Wagon Rides, Cookie & Ornament Decorating, & More!

Sat., Dec. 14 & Thurs., Dec. 19 Athens High School Symphonic Choir, Courthouse Steps

Athens Art Guild Holiday Shoppe

Source Gifts Locally Handcrafted by Athens Artisans!

Sat., Dec. 14: 10 a.m. till 5:00 p.m.

Sun., Dec. 15: Noon till 5:00 p.m.

Location: Athens Community Center



Stuarts Opera House

- ♦ **Fri., Dec. 6, Sat., Dec. 7 at 7:30 p.m. AND Sat., Dec. 7 and Sun., Dec. 8 at 2 p.m.**, ABC Players present Disney's *Frozen Jr* Tickets \$12 each.
- ♦ **Tues Dec. 31, 8:30 p.m. to Wed., Jan 1 12:30 a.m.** A Night at the Opera House: A New Year's Eve Fundraiser. Tickets \$100/person

Athena Grand, 1008 E. State St., <http://athenagrand.com/>

Call 740-593-8822 for a recorded message of times of films

Mon., Dec. 2, 7 p.m. *Faustina: Love and Mercy* (2019) All tickets \$12.50

Tues., Dec. 3, 7 p.m. *When Harry Met Sally* (1989) Billy Crystal, Meg Ryan. All tickets \$12.50

Wed., Dec. 11, 7 p.m. *Meet Me in St. Louis* (1944) Judy Garland, dir. Vincenti Minnelli! All tickets \$12.50

Mon., Dec. 16, 7 p.m. *The Tale of The Princess Kaguya* (2013, Japanese animation, dubbed) All tickets \$12.50

Tues., Dec. 17, 7 p.m. *They Shall Not Grow Old* (2018) World War I documentary. All tickets \$12.50

Athena Cinema, 20 S. Court St., 740-594-7382; <http://athenacinema.com/>

 **Sat., Dec. 7, 12:55 p.m. Mozart's *The Magic Flute* (The Met in HD Live)**

Rides provided.

Thurs., Dec. 19, 7 p.m. *It's a Wonderful Life* (1946) Frank Capra's holiday classic.

These films are screened as the 8th annual Holiday Film Series & Canned Food Drive! The price of admission to each show is a canned good or cash donation to local food pantries.

