



### Brown Bag Lunch:

Thurs., June 22,  
Noon-1:30 p.m.

### O'Bleness Room 10 (lower level)



The Athens Village will welcome a consumer educator from Ohio Attorney General Mike DeWine's Office\* for its June meeting. Ryan Lippe from the Attorney General's Consumer Protection Section will give a presentation about senior scams. Seniors (age 60 and up) are particularly vulnerable to fraud and scams; however, many incidents likely go unreported. During Ryan's presentation, attendees will learn about the latest scams targeting our senior population, and find out how to protect themselves and their loved ones. As a consumer educator, Ryan conducts presentations to groups across the state to teach Ohioans about their rights and avoiding scams. Ryan also prepares educational materials to advance the Consumer Protection Section's mission of protecting Ohioans from unfair and deceptive business practices and consumer fraud. He holds a Bachelor of Science in Communications, summa cum laude, from Ohio University. Consumers who suspect a scam or unfair business practice should contact the Ohio Attorney General's Office by calling 800-282-0515 or visiting [www.OhioProtects.org](http://www.OhioProtects.org). *\*This event is not sponsored by, nor affiliated with, the Ohio Attorney General's Office. The Ohio Attorney General's Office does not endorse or recommend the Athens Village or any products or services affiliated with the Athens Village.*

### June Calendar

**Every Tuesday, 10:30 a.m.**, Chair Yoga, OSU Extension office, 280 W. Union St., \$5 donation per person per session.  
**Every Tuesday, 12:30 p.m.**, Informal gathering of members and friends at Bob Evans, hosted by Ellsworth Holden.  
**Wed., June 7, 11 a.m.**, Public Information Team meeting, ACEnet Conf. Room B.  
**Mon., June 12, 1 p.m.**, Membership Team meeting, *CANCELLED this month*  
**Mon., June 12, 2 p.m.**, Hearing Aid Interest Group, open to the public. ACEnet, Conf. Rm. B (see p. 3).  
**Tues., June 13, 10 a.m.**, Board meeting, Athens Community Center.  
**Wed., June 14, 4 p.m.** Informal, no-host gathering at Athens Uncorked.  
**Wed., June 21, 3 p.m.**, Health and Wellness Team, ACEnet, Conf. Room B.  
**Thurs., June 22, noon**, Brown Bag Lunch meets at O'Bleness room 10 in the lower level. See story, left. Open to the public. Cookies provided!  
**Wed., June 28, 1 p.m.** Members' informal gathering with Gregg, ACEnet conf. B.  
**Wed., June 28, 4 p.m.** Informal, host-free gathering at Pleasant Hill Winery.

## Grant Funded! Thank You to the Athens Foundation!



The proposal for the funding of the position of Patient Advocate for members of the Athens Village submitted to the Athens Foundation has been accepted! Now we can start the process of hiring the person, training him or her, and starting a client list. A Patient Advocate is a person who speaks for the patient at doctor's appointments, in the hospital, and with any in-home care agency necessary for rehab. A Patient Advocate works similarly to a social worker in that a case file is opened for each patient, client-counselor privacy is observed according to the patient's wishes, and the Advocate's role is to be on the patient's side assuring that the patient understands what is happening and why. This Advocate will have a maximum of 24 cases to work in a year. This Advocate will also work with the Athens County Senior Center as part of the grant funding. Funding lasts a year; continued funding will require another grant.

### The Athens Village Voice

Stay connected and engaged.  
Your feedback is always welcome.

Gregg Andrews, Executive Director  
Susan Gilfert, Administrative Assistant  
Ron Mash, Home Maintenance Coordinator  
John Barrington, AVV Editor

**Address:** 94 Columbus Road, Building B, ACEnet  
Campus, Athens, OH 45701-1312

**Office phone:** 740-447-0500

**Office hours:** MON.-THURS. 10 A.M. TO 2 P.M.  
AND 2ND, 4TH, AND 5TH FRIDAYS EACH  
MONTH, 10 A.M. TO 2 P.M.

**After hours:** Members may call 740-447-0500 any  
time. Please leave a message.

**E-mail:** [TheAthensVillage@gmail.com](mailto:TheAthensVillage@gmail.com)

**Website:** <http://www.TheAthensVillage.org>

#### Board of Directors

**Ed Baum, President**

**Georgann Penson, Vice President**

**Anita James, Secretary**

**Steve Grimes, Treasurer**

**John Barrington**

**Don Fucci**

**Jack Flemming**

**Ellsworth Holden**

**Joyce Lewis**

**Steve Pierson**

**Louis Wright**

#### *Sponsors*



Members and guests can look for **THE ATHENS VILLAGE "EVENT HERE TODAY"** sign, which indicates where events are being held. George Weckman graciously donated this TAV signage.



Thanks a million, George!

### ***From the President's Desk***



A new transportation option is available in Athens County. You may have read about it in the *Athens News* recently. Here is information from the company about itself.

#### **About Liberty Mobility Now:**

Liberty Mobility Now is a rural and small community transportation provider that offers transportation to any place for any reason. They use a ride-sharing system that utilizes local drivers to provide safe, affordable rides to anyone at any time.

#### **Arranging a ride:**

Here are some easy ways to book a ride with Liberty:

- 1) call the call center 24 hours a day, 7 days a week at 844-745-4237
- 2) visit the website at LibertyMobilityNow.com and click "RIDE"
- 3) download their smartphone app. You can book an immediate trip or one up to five days in advance. Just tell them where you are going and when you want to arrive.

Payment is done by credit card; the receipt is sent to an e-mail address. If you have certain mobility needs, let Liberty know and they will make sure to line up a vehicle that will accommodate you.

#### **Cost**

The cost is only \$1.25 per mile (minimum \$4 fare), with a \$1.10 booking fee, and you are charged only for the distance that the vehicle takes you. Liberty can take you anywhere, to see friends or family, to go shopping, to doctor's appointments, or to community events.

**You can contact** Area Manager Bret Whitaker at 740-249-2191 or [bret@libertymobilitynow.com](mailto:bret@libertymobilitynow.com) for more information, or visit the website at LibertyMobilityNow.com.

Ed

### **June TAV Birthdays:**

If you see any of these TAV members, please wish her a Happy Birthday!

- |               |                   |
|---------------|-------------------|
| Sylvia Abbott | Marlene Scheck    |
| Sue Crook     | Claudette Stevens |
| Joan Fucci    | Marjorie Stone    |
| Sara Gilfert  | Lois Whealey      |
| Claudia Hale  | Sheila Williams   |
| Betty Lacy    | Jane Woodrow      |

### Brown Bags, Etc. Planned for 2017



- > **Thurs., July 13:** Potluck picnic at the Lions Picnic Shelter in The Plains. Speaker: Athens OnDemand! Please bring a dish to share.
- > **Weds., Sept. 6:** Changes in Medicare presentation by Alicia Nighland, Ohio Senior Health Insurance Information Program. Venue: O’Bleness room 10, noon.
- > **Mon., Sept. 25, 5 p.m.:** Dr. Atul Gawande webinar viewing party, OU HCOM, Irvine Hall. Free and open to the public.
- > **Thurs., Sept. 28:** Robert Gall, J.D., Your End-of-Life Legal Questions. Please send questions in advance to office by Sept. 20. Venue: TBA, noon
- > **Thurs., Oct. 26:** FairHoPe Hospice: Advance Directives workshop. Venue: TBA, noon
- > **Thurs., Nov. 2:** Bill Wooddell, realtor with Hayes Real Estate, will answer questions submitted in advance to [TheAthensVillage@gmail.com](mailto:TheAthensVillage@gmail.com). Personal questions might not be appropriate. Venue: O’Bleness room 10, noon.

### Highlights from the 5/25 BBL

Members got a rare chance to see O.U.’s premier personal health and wellness center, WellWorks, housed in Grover Center. Ms. Jenn Bennett, the center’s director, talked about facilities and classes. Her co presenter, Josh Christen, talked about the senior-focused classes being prepared. These classes include Balance, Alignment, and seated exercise. Classes are free to WellWorks members. Call WellWorks at 740-593-2093.

*The office has three (3) free day passes good through 6/30 for anyone who wants to give WellWorks a try. Call 740-447-0500 to request yours.*

Please see planned events on this page (Save the Date). In July, we have our annual potluck picnic, and in August there is no BBL. December is presently open to suggestion.

### The Athens Village Vital Statistics

As of May 31, there are **98** members: 26 men and 72 women. The average age of members is 79.30 years, with 8 members over 90 years of age; 36 members, aged 80-89; 45 members, aged 70-79; 8 members aged 60-69; and 1 member age unknown.

#### Free Technical Assistance at the Library

**Athens:** Wed.: 2-7 p.m. and Fri.: 10 a.m.-1 p.m.  
**The Plains:** Tues.: 10 a.m.-1 p.m.  
**Albany:** Thurs.: 2-6 p.m.

Or phone Connor at 740-249-9422 to make an appointment. Bring your own device.



### TAV Now a Kroger Beneficiary

The Athens Village has been added to the list of beneficiaries of Kroger Community Rewards Program. This means that TAV members and friends can continue shopping at Kroger as usual. However, through *your* efforts, Kroger can share its profits with TAV. There are now eight member households signed up, and TAV will receive **\$44.54 in June**. Thanks for signing up!

#### Here’s how you can help:

\* Register your Kroger Plus points card on your computer and choose The Athens Village (#76313) as the organization you wish to help.

If you would like help in receiving a points card and/or registering it, please call the office (740-447-0500). Susan Gilfert, TAV administrative assistant, can come to your home and/or computer to assist you in this process.

Alternatively, please supply Susan with your Kroger card number, and she will get you registered. You need do nothing else.

## It Takes TeamWork

### All TAV teams need new members!

### Please volunteer!

#### Public Information Team

Task: Charged with keeping The Athens Village before the eyes of the Athens County public in whatever ways possible. Meets 1st Wed. at 11 a.m. at ACEnet.

#### Membership Team

Task: Charged with member retention and recruitment; identifying the needs and methods to provide support to members to build relationships; conducting phone surveys of members; meeting with potential and new members. Meets 2nd Mon. at 1 p.m. at ACEnet.

#### Health and Wellness Team

Task: Charged with assessing member needs and creating programs concerning safety/wellness; assisting with development and maintenance of projects/events for the membership. Meets 3rd Wed. at 3 p.m. at ACEnet.

### Membership Team Update

On May 8, the Team discussed the April-June survey about confirmation of emergency contacts and interest in a phone buddy/Neighbor Network system. Rose Dikis volunteered to act as the Network coordinator. Also discussed were the results of the Transportation survey taken last June. Rose will condense the report for the Board and recommend some options for Board approval. June phone calls will be informal "Hello, How are you doing?" calls.

*As always, we need people who are willing to regularly call a short list of members so we can continue to maintain regular contact with our full membership. If you would like to assist in this important work, please contact either Gregg or Susan at the Village office.*

June meeting cancelled. Next meeting: July 10, 1 p.m.

### Health & Wellness

#### Team Update

By Gladys Bailin Stern

**The scheduled May 17 H&W Team Meeting was cancelled.**

**Next meeting: Wed., June 21, 3 p.m. at ACEnet.**

### Public Information Team Update

On May 3, the team discussed donating cookies to Senior Safety Day, the Athens Foundation grant proposal for the Patient Advocate, transportation issues, outreach to surrounding towns, the Speaker's Bureau, and discussion of how to reach groups at which to speak. New chair needed! Next meeting is **Wed., June 7, 11 a.m. at ACEnet.**

### Hearing Aid Interest Group

Next meeting: Mon., June 12, 2 p.m.,  
94 Columbus Road, Conf. Room B  
Open to the public.



Ms. Rebecca Maier, an expert on the cochlear implant technique and mechanics, spoke to a small group on May 8. Lots of useful information was discussed, with informative slides and videos about both the internal and the external devices. This surgically-implanted device is covered by Medicare. Ms. Maier will be speaking again to the Senior-BEAT group on **Thurs., June 15, at 2 p.m., in O'Bleness room 10.** She will also have with her a Columbus patient who has received a cochlear implant. He will answer questions about his experience.



Dr. Atul Gawande's webinar on *Being Mortal* has been rescheduled for **Mon., Sept 25 at 5 p.m.** The venue will be at Ohio University's Heritage College of Osteopathic Medicine, Room 199 in Irvine Hall. Parking is available at no cost after 5 p.m. in any lot around the Convocation Center. Please be aware that this is a streaming broadcast emanating from Boston. No copies will be available for later viewing and no other locations will receive this broadcast in Athens. Dr. Gawande will address **ONLY** questions submitted in advance to [BHV15th@beaconhillvillage.org](mailto:BHV15th@beaconhillvillage.org).





## Notes from Gregg

The turnout at the Senior Safety Day event on May 18 was very nice. Over 200 people came to enjoy the activities and giveaways. Several TAV members attended the event, and five potential members stopped by the table to ask about membership benefits.

On another topic, I am sure you are aware that each month we schedule a Brown Bag Lunch event, usually on the 4<sup>th</sup> Thursday at noon. Susan arranges a comfortable room and a speaker for this monthly event. I have attended each BBL since I have been on board, and must say I have found each presentation very interesting and informative, and each speaker works hard to prepare his or her presentation. Unfortunately, participation by the membership is very slight. The April 27 event had only one member present along with Susan and me. At the May 25 event, we had two members present.

Our goal is to provide you with activities that you enjoy. Do you think we should discontinue the Brown Bag event, should we schedule it bi-monthly, or should members select topics to be presented? Is transportation an issue?

Please respond with a call or email. We look forward to your comments.

## ALZHEIMER'S ASSOCIATION

**Fri., June 2, 10 a.m.** *Understanding and Responding to Dementia-Related Behavior* workshop in Conference Room B.

**Fri., June 16, noon** *Healthy Living for Your Brain and Body* workshop.

For any workshop, please pre-register at 800-272-3900 to ensure sufficient materials are prepared. All workshops are free of charge.

A local representative is in the Village office twice a month, on 1st and 3rd Friday mornings from 10 a.m. to 1 p.m..

The Alzheimer's Association contact is [800-272-3900](tel:800-272-3900).



## CULINARY CONVERSATIONS:

*Enjoy a pleasant meal and conversation with Village members at a local restaurant.*

A host-free social gathering is planned on

**Wed., June 28**

at the Pleasant Hill Vineyards, 5015 Pleasant Hill Rd., Athens. 740-502-3525.

Menu: [http://](http://www.pleasanthillvineyardsllc.com/default.html)

[www.pleasanthillvineyardsllc.com/default.html](http://www.pleasanthillvineyardsllc.com/default.html)

**BON APPETIT!**

## Research request

**Research Participants Wanted**  
for a study on linguistic processing

### You may participate if:

- ▶ You are from 18 to 89 years old
- ▶ You are not currently pregnant
- ▶ You have at least a high school diploma
- ▶ Your native language and the language you use on a daily basis is American English
- ▶ You have no history of speech, language, learning, or developmental impairment
- ▶ You have no history of stroke or brain injury
- ▶ You pass a hearing, vision, and cognitive screening

**Participation in the study will last for about 50 to 75 minutes.**

**Testing will take place in the Neurolinguistics Laboratory, W240 Grover Center, on the Ohio University campus.**

**Participants will receive \$10 in compensation.**

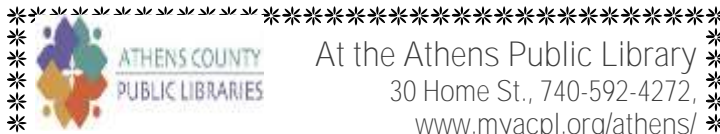
### Contact Info:

**The Ohio University Neurolinguistics**

**Laboratory: 740-805-0310**

**Email: [ouneurolinguistics@gmail.com](mailto:ouneurolinguistics@gmail.com)**

## For the Love of Athens—Reasons to Age-in-Place in Athens County



At the Athens Public Library  
30 Home St., 740-592-4272,  
[www.myacpl.org/athens/](http://www.myacpl.org/athens/)

- Tues., June 13, 5:30 p.m.** Art in the Library Reception. Greg Rounds, Emily Webb, small quilts and Jillian McAdow.
- Sat., June 17, 2 p.m.** *Tornadoes and the Monster Storms that Spawn Them: The Science Behind the Chase.* Talk by Dr. Jana Houser. OU Meteorology prof.
- Sat., June 24, 10 a.m. to 4 p.m.** *The Lost Art of the Atlatl: Master a Prehistoric Hunting Tool!* Demonstration by Ohio Atlatl Assn. members.
- Mon. June 26, 7 p.m.** Appalachian Music Jam with Stuart's Opera House instructors. Bring your own instrument, or learn here.

### OTHER EVENTS IN AND AROUND ATHENS

- Every Mon., Wed., and Fri. from 3 to 4 p.m.,** the pool at Beacon School is open for senior swimmers. \$2 per person to pay for the lifeguard. *Arthritis Swim* is
- Mon. and Thurs. from 5:30 to 6:30 p.m.** Cost is unknown.
- Weds., May 31-June 28, 7 p.m.** Concert Under the Elms, on College Green, every Wednesday. Free.
- May 30-June 17, Dublin.** OU Theater presents *A Midsummer Night's Dream* in the Abbey Theater at OU-Dublin. More info at <http://tantrumtheater.org/>
- Fri., June 9, 7 p.m., Athens Uncorked.** Athens Pride Fest Drag Show! Benefits SEOhio LGBT coalition.
- Sat., June 17, noon-11 p.m., Court St.** Boogie on the Bricks, cost varies.
- Sun., June 18, 8:30 a.m., Eclipse Company Town, The Plains.** PB&J 5k/10k. More info and registration at <https://athensprofessionals.com/pbj-race/>
- Sat., June 24, 7 p.m., Shirley Wimmer Dance Theater, Putnam Hall, OU.** David Dorfman Dance presents "Aroundtown." Suggested donation \$10. Reception to follow performance.

**O'Bleness SeniorBEAT Activities**  
Become a member of SeniorBEAT! It's FREE!!!!

- \*History Group, **Thurs., June 8, 1 p.m.** Tour of working professional's office at Scripps, **32 Park Place.** Ralph Izard will host .
- \*Book Club, **Mon., June 12, 10 a.m.,** discussing Nina George's "Little Paris Bookshop."
- O'Bleness Cafeteria.**
- \*Speakers Program, **Thurs., June 15, 2 p.m.** Ms. Rebecca Maier, OU Audiologist, Cochlear Implant Hearing Aids, **O'Bleness room 10.**
- \*Lunch Group, **Fri., June 23, 11:30 a.m.** Meet at Ruby Tuesday, 951 E. State St.  
For more details, call Joy MillerUpton at 740-385-8451 or email [jmillerupt@aol.com](mailto:jmillerupt@aol.com)

### Quilt National 2017 at the Dairy Barn

20th Biennial, May 27 through September 4  
Tickets \$8 seniors, closed Mondays  
Hours: 11-5 p.m., Tues.-Sat., noon-5p.m. Sundays

### Athena Grand, 1008 E. State St.

<http://athenagrands.com/>

- Movie times recording 740-593-8822
- Office 740-593-8800 (best time to call is 12 noon)
- Sun., June 4 and Wed., June 7, 7 p.m.** *The Godfather* (1972). All tickets \$12.50
- Sun., June 11 and Wed. June 14, 7 p.m.** *Some Like It Hot* (1959). All tickets \$12.50
- Tues., June 20, 6:30 p.m.** National Theater Live: *Peter Pan*, All tickets \$15
- Mon., June 26, 7 p.m.** *My Neighbor Totoro* (1988, in Japanese with English subtitles) Studio Ghibli Fest 2017. All tickets \$12.50

**Athena Cinema, 20 S. Court St.,  
740-594-7382**

- Fri., June 23, 7 p.m.** *Ferris Bueller's Day Off* (1986). Matthew Broderick, Alan Ruck
- Sat., June 24, 3 p.m.** *The Neverending Story* (1984)  
These screenings benefit Big Brothers Big Sisters, suggested minimum donation \$2.