

**Brown Bag Lunch,  
Thursday, May 26, Noon—1:30 p.m.  
ACEnet, Building C Conference Room  
Know Your Healthcare Rights!**



**Interim**  
HEALTHCARE

When it matters most, count on us.



Kelley Brar, R.N., B.S.N., will be speaking about patient rights relative to healthcare and the importance of knowing your rights. She has worked for Interim Healthcare since 2002 and has been a Registered Nurse for 19 years. Kelley started in the field working directly with patients and has worked her way up to her current role of Director of Healthcare Services over six of IH's offices.

\* \* \* \*

The Athens Village is grateful to The Columbus Foundation and Interim Healthcare for their generous donation of a \$1500.00 grant in response to Patty's request.

Individuals who played integral roles in TAV's reception of the grant were Pam Cote, Douglas Kridler, and Thomas J. Dimarco. The grant money has allowed TAV to move to a much-needed adequately sized office at ACEnet.



Patty Mercer and Pam Cote,  
Interim HealthCare Branch

## May Calendar

**Every Tuesday, 10:30 a.m.,** Chair Yoga, Sylvia Marrs, instructor, OSU Extension office, 280 W. Union St.

**Every Tuesday, 12:30 p.m.,** informal lunch gathering of members and friends at Bob Evans Restaurant, Ellsworth Holden, host.

**Wed., May 4, 11 a.m.,** Public Information Team, ACEnet, Conf. Rm. B.

**Mon., May 9, 2 p.m.,** Hearing Aid Interest Group, facilitated by Richard Dean. Open to the community. ACEnet, Conf. Rm. B. (See page 4.)

**Tues., May 10, 10 a.m.,** Board Meeting, ACEnet Conf. Rm. C

**Wed., May 11, 3 p.m.** Health and Wellness Team, ACEnet, Conf. Rm. B.

**Thurs., May 12 Noon.** Cultural Exchange Brown Bag. (See page 4.)

**Thurs., May 12, 10:30 a.m.,** Membership Team, ACEnet, Conf. Rm. B. (See page 4.)

**Thurs., May 19, 10 a.m.—2 p.m.** Senior Safety Day, Athens County Fairgrounds. (See page 3.)

**Wed., May 25, 1 p.m.,** Get More Out of Your Membership. Open to the public, ACEnet, Conf. Rm. B.

**Thurs., May 26,** Brown Bag Lunch (story, left).

**Wed., June 8, 10:30 a.m.,** Transitions Interest Group, facilitated by Leslie Fleming, ACEnet, Conf. Rm. B. (See page 3.)

**gourmet**  
YOUR WAY

## RAID THE FREEZER Fundraiser Nets \$520

The Athens Village would like to thank Milo's owner Jonathan Leal and TAV members and event greeters Mary Lee Powell, Ed Baum, Sara Gilfert, Anita James and staff, Susan Gilfert for their efforts in assuring that the April "Raid the Freezer" event was a success. Jonathan's willingness to partner with and help Athens area non-profit organizations with fundraising is a beautiful thing.



Merry J. Customer, owner Jonathan Leal, and greeters Mary Lee Powell and Ed Baum

*The Athens Village Voice*

Stay connected and engaged. Your feedback is always welcome.



Patty Mercer, director  
 Susan Gilfert, administrative assistant  
 Lane Hoisington, home maintenance  
 John Barrington, AVV editor

**Address:** 94 Columbus Road, Building B, ACEnet Campus, Athens, OH 45701

**Office phone:** 740-447-0500

**After hours:** Members may call the phone number above. Calls will be forwarded to the home phone of the director. Leave a message.



**E-mail:** [TheAthensVillage@gmail.com](mailto:TheAthensVillage@gmail.com)

**Web site:** [www.TheAthensVillage.org](http://www.TheAthensVillage.org)

**Board of Directors**

**Ed Baum, president**

**Sue Foster, vice president**

**Anita James, secretary**

**Steve Grimes, treasurer**

**John Barrington**                      **Ellsworth Holden**

**Jack Flemming**                      **Margo Marazon**

**Don Fucci**                              **Georgann Penson**

**Mark Reininga**

**President's Message**

by Ed Baum

A few weeks ago, members of The Athens Village (TAV) received a letter from Patty Mercer announcing her resignation as our Executive Director (ED) effective at the end of July. That means, of course, that your board must go through the process of finding her successor, which is a new experience for us.

Since Patty has been the first and only ED of TAV, your board is entering new territory as we go through the hiring process. The ad that will appear in the *Athens News* next week follows.

**The Athens Village, a 501(c)(3) non-profit organization working to help its members to remain in their own homes as they age, seeks a half-time executive director.**

**The executive director directs the operation of The Athens Village, including maintaining an office and staff, receiving and responding to requests for service from members, and fundraising.**

**Starting date: July 18, 2016.**

**Salary: \$20,000**

**For information about The Athens Village and a complete position description, go to our website: [www.theathensvillage.org/position.html](http://www.theathensvillage.org/position.html)**

**To apply, send your resume to**

**Edward Baum, P.O. Box 53, Athens, OH 45701**

**or to: [edbaum45701@gmail.com](mailto:edbaum45701@gmail.com)**

If you know of anyone who might be interested, please let her/him know of our search.

*Ed*



Please welcome new members:

Louis and Karin Wright

TAV Office Relocates

Thanks to the generous donation from Interim HealthCare (see story on page 1), The Athens Village has been able to relocate and double its space! The new office, Room 4, is still at the ACEnet campus, 94 Columbus Road but is now much closer to the front door of Building B.



Office interior

CULINARY CONVERSATIONS:

Dinner for Eight

Join a small group of Villagers and friends enjoying dinner and casual conversation. Let's take advantage of the students being gone for the summer to enjoy Athens' downtown restaurants!

This month's venue:

Zoe's Restaurant, 24 East State St., 7 p.m., Friday, May 13.

Zoe's has gluten-free dishes and vegan dishes on the menu.

Hosts are Jack and Leslie Flemming.

RSVP at 740-592-4460 or

e-mail Jack at noblejasjf@yahoo.com

BON APPETIT!



Senior Safety Day, Thursday, May 19, 10 a.m.—2 p.m.

May is Older American Month across the nation. Athens County is highlighting this celebration with the 2016 Senior Safety Day to be held at the Athens County Fairgrounds. More than 300 attended last year, and 400 are expected this year.



Senior Safety Day, 2015. Pictured: Ellsworth Holden, Susan Gilfert

See additional photos at www.theathensvillage.org/archive.html; scroll down to "Senior Safety Day."

Many groups from around the county have been working for months to plan a fun and informative event. Door prizes, free medical screenings, vehicle safety inspections, and resource materials are among the features. Brochures and pre-registrations forms are available at TAV's office.

The Athens Village has reserved a table to share information about our Village and community resources serving seniors. Our theme is "Make Your Retirement Sweeter—Join The Athens Village." We will also be sharing home-baked cookies! Your participation would be welcome.

You can contribute by making cookies or hosting at the table to share your ideas about the benefits of joining The Athens Village. Call the office to sign up to volunteer at 740-447-0500.

Transitions: Facing Difficult Conversations

Transitions, our new interest group, will tackle the topic of difficult conversations and how to handle them with family, friends, and other stakeholders in our lives. Information, discussion, and anecdotes about Hospice will be the topic at the next meeting:



Wed., June 8, 10:30 a.m. in Conference room B at ACEnet.



Future Brown Bag Lunch Topics – Save the Date

June 30 = Live Healthy Appalachia, Sherri Oliver

July 28 = Picnic Potluck at Richland Avenue City Park (off Dairy Lane)

September 29 = Medicare Changes, Alicia Highland

Members and guests can look for THE ATHENS VILLAGE EVENT HERE TODAY sign, which indicates where events are being held. George Weckman graciously donated TAV signage.



Can't Find Your Copy? Additional copies of the TAV Membership Directory are still available at the office. Request your copy today. Call 740-447-000 or TheAthensVillage@gmail.com

## Hearing Aid Interest Group

Next meeting: Monday, May 9, 2 p.m.  
94 Columbus Road, Conference Room B.

May is Better Hearing and Speech Month. AARP is offering a FREE hearing test to its members over the phone! The National Hearing Test is based on research funded by the National Institute of Health, Communications Disorders Technology Inc., and Indiana University. It has no financial connection with any hearing products or services. The screening, which takes four minutes per ear, can be taken only over a landline telephone. The outcome will help you determine if you need a complete hearing evaluation.

Log-in at [AARP.org](http://AARP.org) and use the red search button to the right of the log-in to search for "National Hearing Test."



## Lane's Corner: Spring is Here...!!

The arrival of spring is often heralded by people going from house to house wanting to trim trees, clean gutters, check roofs out, etc. If you do not know them, ***Do Not Allow Them Into Your Home or on Your Roofs without having Patty or me check them out!!*** Reports of this sort of "spontaneous handyman" activity are circulating. Also, ***Never Give Them Your Personal Information or Any Payment Up Front!*** Many fly-by-night operators will take your money or information and run far away. You'll never see any work done or your money back.



Thieves and scammers are working the phone hoax again. They might, for example, say that you are late with a gas payment or electric bill and ask you for an account number. ***Do Not Give the Caller this Information!*** Hang up and call the utility company if this happens.

Also, one of our members gave me a good idea about your old cellphone. If the phone will hold a charge, you can always call 9-1-1 with it, even if the SIM card no longer has a subscription to a cell service. Keep an old, charged phone at the bottom of stairs, or in the garage, or any place you could fall and need help. Don't throw out the phones, but use them!

Lane

## Club Express: TAV's New Database

If you recently received an odd email "welcoming" you to The Athens Village, this is an accidental outcome of the ongoing transition to Club Express. The database has the ability to organize member requests, matching them with volunteer availability. We are still in discovery mode as to what the database can do for our Village. Thank you for your patience as we explore. Any questions? Please call Susan at the office: 740-447-0500 or email her at [sg.at.tav@gmail.com](mailto:sg.at.tav@gmail.com)

Cultural Exchange Brown Bag:

Thursday, May 12, Noon-1:15 p.m.



Two Japanese visitors will be in Athens from May 10 to 16. They work with the elderly in Japan, and they are interested in explaining what they do, and learning how Americans work with their elderly and retired citizens. This special Brown Bag will be held at ACEnet Building C (yellow door) from noon to 1:15 p.m. Please come!

## Membership Team Update

Over the summer, monthly calls will continue to allow the Membership Team to better understand members' needs and interests. The topic for May is "Communications." Thank you for taking the time to talk with your personal caller. There are still slots open on this team.



### **Join the team!**

On a sad note, TAV and the Membership Team will miss the energy and skills of Atira Parker, social work intern, whose internship has ended.

## Public Information Team (PIT)

By Jean Drevenstedt

The Public Information Team is always busy thinking of ways to promote public awareness of The Athens Village. Your ideas are welcome.

We completed a letter-writing campaign to physician's offices to let doctors know about TAV and what it can do for members, easing the minds of seniors and their adult children alike.

During your next office visit, will you, as a member of TAV, find an opportunity to suggest to your personal physician the benefits of joining The Athens Village? This personal testimonial will be more effective than any piece of literature left in the office.

**There are still slots open on this team.**

**Join the team!**



## With Deepest Regrets . . .

Dear Member, Friend, and Mentor,

After giving it considerable careful thought, it is with a heavy heart that I have decided, for health and financial reasons, to resign from my role as Executive Director of The Athens Village effective July 31, 2016. This extended timeline should allow time to prepare “handing over” notes and provide closure or continuity for a couple of major projects including the *RSVP/TAV Transportation Project* and the next steps for the dementia-friendly town effort. It will also allow time for the board to select a replacement.

The opportunity of serving this organization has been a life-altering experience. It has been a privilege to be part of this exciting movement and to get to know such an amazing group of people. Making this break is bittersweet, but the change is needed for peace of mind, body and family.

Thank you for your understanding. I trust that The Athens Village is in very good hands to continue to move forward with clarity and purpose under the leadership of the board of directors and with the support of Susan Gilfert as Administrative Assistant.

I appreciate the support each of you has shown me.

With immense gratitude,

*Patty*

## The Transportation Puzzle

Based on the information gathered at the TAV annual meeting and with the help of the follow-up calls made by the Membership Team and social work intern Atira Parker, a pilot transportation project, presently nicknamed “The Village Shuttle,” has been designed thanks to the expertise of the RSVP staff.



Members will be receiving a more detailed email/letter to describe how to participate. In the meantime, sign up for existing community services. Get your name on their rosters just in case an emergency transportation need arises. (See April’s AVV Special Edition for details or call the office at 740-447-0500.)

Last week, three TAV members completed the orientation to become an RSVP Volunteer Driver. The website which hosts the form for requesting a ride has been created. (The bugs will be worked out by next week!) In May, additional volunteer drivers will receive their orientation. Because of the size of the volunteer pool, this service will never be a private taxi service for our members. We should be able to help fill the gap that the other transportation services are unable to meet.

## Do You Help Care for Someone With Dementia? Are You Willing to Participate in a Study?

Researchers at Ohio University are studying how serving as a caregiver for a patient(s) with dementia can affect the caregiver. Are you a caregiver for a person with dementia? If so, you can provide *vital* information! In exchange for participating, you will receive free cognitive screening with feedback on your cognitive performance and a \$20 Walmart gift card!

**You may be eligible to participate if:**

- ▶ You are over 50
- ▶ You provide at least five hours of care per week to an individual with dementia; you do not need to live with this person.
- ▶ You are able to read and write in English.

For more information or to participate this summer, contact Alex Woody at ww064211@ohio.edu, or 405-831-9165. The research team would like to interview as many participants as possible over the summer.

## Free and Available: OU’s “Sixty Plus” Program

Did you know that you can take non-credit



classes at Ohio University for FREE? The little-known Sixty-Plus Program works like this:

- You must be over 60 years old.
- You must have lived in Ohio for at least a year.
- You are admitted as an audit student only if space is available in the class.
- Online courses are not part of this program.

Choose an undergraduate class from the course offerings [<https://webapps.ohio.edu/classes/search.htm>]. Be sure to select the correct term and campus. Print and complete [this form](#) and take it, with the instructor’s initials granting permission, to the Registrar’s office on the 2nd floor of Chubb Hall. Brenda Dorst, Record Management Coordinator, can answer your questions at [dorst@ohio.edu](mailto:dorst@ohio.edu) or 740-593-4182.

## For the Love of Athens—Reasons to Age-in-Place in Athens County



At the Athens Public Library,  
30 Home St., 740-592-4272,  
[www.myacpl.org/athens/](http://www.myacpl.org/athens/)

**Thurs., May 5, 4:30-6:30 p.m.** “Take a Spin on the Energy Bike,” demonstration by UpGrade Athens. See where your energy dollars go! Also at the Nelsonville Library, Tues., May 10, 4 - 6 p.m. and The Plains Library on Wed., May 11, 3:30 -5:30 p.m.

**Thurs., May 5, 12 and 19, 6:30-8 p.m.** Modern Novels Book Club: *The House of the Seven Gables*, discussion by Dr. Paul Jones, Professor of English at Ohio University (in three sessions)

**Fri., May 6, 5:30 - 6:30 p.m., at Stroud’s Run Campground:** “Spring Wild Flowers: An Athens County 101 Walking Tour,” with Melanie Schori-Bragg. Mud is likely a factor on this flat trail, so wear appropriate shoes.

**Sat., May 7, 2 - 3:30 p.m.** “Amish and Mennonite Women Making Art (1935-1941),” presented by Dr. Katherine Jellison, Professor of American History at Ohio University.

**Sat., May 21, 1:30-4:30 p.m.** “Good Ol’ Open House,” fun and games at the APL. Horse-wagon rides around the block, barbershop quartet singing at 2 and 3 p.m., Appalachian games, and snacks.

**Thurs., May 26, 7 - 8 p.m.** “Climate Change in East Africa: How Communities Find Ways to Adapt,” by Dr. Edna Wangui, Professor of Geography at Ohio University.

### Film and Stage Entertainment

**Athena Grand, 1008 E. State St.**

<http://athenagrand.com/>

**Movie times recording 740-593-8822;**

**Office 740-593-8800 (best time to call is 12 noon)**

**Wed., May 4, 6:30 p.m.:** MET: *Elektra* Encore, Adult: \$24 Senior: \$22

**Wed., May 11, 7 p.m.:** Grateful Dead Meet-Up 2016, All Tickets \$12.50

**Sun., May 15 and Weds May 18, 7 p.m.:** *Ferris Bueller’s Day Off*, All Tickets \$12.50

**Mon., May 16, 6:30 p.m.:** Wagner & Bruckner, Adult \$18 Senior \$16

**Mon., May 23, 7 p.m.:** The Shakespeare Show, All Tickets \$15

### O’Bleness SeniorBEAT Activities

Highlights from the *SeniorBEAT* newsletter

Book Club, **May 9, 10 a.m.**, O’Bleness cafeteria.

History Group, **May 12, 1 p.m.**, O’Bleness room 8

Speakers Program, **May 19, 10-2**, Seniors Safety Day.

Lunch Group, **May 27, 1 p.m.** at Restaurant Salaam

**Become a member of SeniorBEAT. It’s FREE!**

For more details, call Joy MillerUpton, 740-385-8451 or email [jmillerupt@aol.com](mailto:jmillerupt@aol.com).

## Additional Entertainment Options

All the  
**King’s Women**  
by Luigi Jannuzzi



**Thurs., May 19—Sat., May 21 at 7 p.m., and Sun May 22 at 2 p.m.**

ABC Players presents “All the King’s Women,” the life of Elvis Presley through the eyes of 17 women at Stuart’s Opera House, Nelsonville. TAV member Sylvia Abbott is in the cast. Tickets are \$8 or \$12, depending on the night and seat location, plus service charge if tickets are purchased online. Tickets can also be purchased at the door or from a cast member. For more information: 740-753-1924;

[www.stuartsoperahouse.org/](http://www.stuartsoperahouse.org/)

**Sat., May 14 at 7:30 p.m., and Sun., May 15 at 4:30 p.m.**

Calliope concert at ARTSWest, 132 W. State St. Suggested ticket price is \$15 (sliding scale). A light reception follows each concert. TAV staff Susan Gilfert will be in the chorus on Sunday.

**CALLIOPE**  
Feminist Choir