

THE ATHENS VILLAGE VOICE



Special all-member meeting on May 14 to consider Code revisions



When Moses descended from the mount, he brought with him the Ten Commandments that were to govern the chosen people. Well, all right, so they were on stone. But later various congregations put them on beautiful scrolls, as shown here. Did they ever try to change these commandments later? Not likely. The Ten Commandments contained no provision for revision or change of any sort.

When the Cohns and Fosters and other early Athens Villagers drew up a Code of Regulations for The Athens Village, they had legal advice and the interest and good will of members who contributed ideas. May the Code of Regulations be changed? Of course. A provision right in the Code outlines the procedure for just such action.

An ad hoc committee (Sue Foster, chair; Ed Baum, Jean Drevenstedt, Max Evans, and Cherie Gall, with Ellsworth Holden as ex officio member) has worked hard to develop and carefully word the changes. The Board of Directors has accepted them. The entire Code, with changes highlighted and a summary of them attached, was mailed to every membership household in late April so that every member would have a chance to read the entire document and summary of changes. These will be fully explained at the May 14 meeting (3 p.m. at ACVNA headquarters), after which Committee members will answer any questions before a vote is taken. Discussion with the Committee and the Board of Directors will continue until all questions are answered. Then a vote for acceptance of the new Code of Regulations will occur. (See page 2 for further details.)

Calendar

Every Tuesday, 1 p.m., Informal lunch gathering of members & guests at Bob Evans Restaurant.

Every Tuesday, 10:30 a.m., Yoga, ACVNA.

Th, May 10, 11:30 a.m., ACVNA Fund-Raiser Lunch, Athens Community Center. (See p. 2 story.)

Sa, May 12, 11 a.m. Memorial Brick Ceremony, ACVNA.

Mo, May 14, 3 p.m. All-member meeting, ACVNA. (This replaces our Brown Bag lunch for May.)

Tu, May 15, 11 a.m.-2 p.m., Walk for Your Cause. (See p. 2 story for details.)

Th, May 17, 12 noon, Advisory Council, ACVNA.

Mo, May 28. Office closed for Memorial Day.

Tu, June 12, 3:30 p.m. Membership Committee, ACVNA.



**Welcome to
our new
member:**

**Diane
Moody**

Now we are

99

All-member meeting door prize is 100 stamps

Our May 14 special all-member meeting



will have a new twist — a door prize of 100 forever postage stamps. Do the math —



this is worth \$46 at today's rates. The money for these was provided by Board

members, not through your dues.

You must be present

to win the drawing.

Come, participate,

maybe win the prize!





The Athens Village Voice

is sent to you every month to catch you up on the who, what, when, where, why, and how of our Village. Your feedback is needed.

Dru Riley Evarts, editor. Contact 592-1231 or evarts@ohio.edu with ideas or suggestions.

For assistance, call

Patty Mercer, director, at ACVNA, 30 Herrold Ave., Athens, OH 45701, **594-8226, ext. 6** or 1-800-837-1112. (If no answer there, dial 0 and speak with an operator for assistance.)

After hours (4:30 p.m. to 8 a.m.), call the answering service at **594-6259** or (if away from Athens) **1-800-649-8027**.

E-mail: pmercer@acvna.org.

Web site:

<http://theathensvillage.org>
(use no spaces.)

Board of Directors

Ellsworth Holden, president

Margaret (Peg) Cohn,
vice president

Sue Foster, secretary

Cherie Gall, treasurer

Don Cooley

Dru Riley Evarts

George Weckman

Major changes being considered at May 14 meet

Sue Foster and Ellsworth Holden convened the ad hoc committee that worked on the proposed revision of the Code of Regulations. All members received copies of the revised Code to study before the May 14 special all-member meeting. Here is Sue's summary of changes:

- 2.06 Changed the Annual Meeting date.
- 2.08 Updated the method of member notification of meetings.
- 3.02 Changed Board from seven to 11 directors.
- 3.03 Specified that directors would be elected at the Annual Meeting.
- 3.04 Maintained the election of directors to "staggered" terms but with new wording to incorporate any future additions.
- 4.03 Limited the number of offices an individual can hold.
- 6.01 Established the definition of Executive Committee.
- 6.02 Established the basis for standing and ad hoc committees.
- 6.03 Added the Nominating Committee as a standing committee and defined its functions.
- 6.04 Added the definition and function of ad hoc committees.
- 7.02 Revised the Board roles in payment of fiscal obligations to maintain Board control without undue difficulty on the part of the directors.

The plan is to discuss these changes and vote on the group as a whole.

What to do with the proxy statement you have been sent

Nothing if you are going to be at the May 14 meeting. But if you cannot be there, you should read the materials mailed to you, as well as the summary list above here, fill out the proxy form to let your selection of a proxy be official, and either mail the form by May 11 or give it to your proxy to present at the meeting and vote for you.

ACVNA has its fund-raising lunch and Brick Memorial May 10 and 12

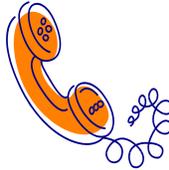
The Appalachian Community Visiting Nurse Association is having its 30th annual fund-raising luncheon, beginning at 11:30 a.m. on Thursday, May 10, at the Athens Community Center. Village members are welcome to attend, but should call 594-8226, and the operator will direct you. Do this as soon as you get this newsletter so the order of food can be correct. The menu includes Kaiser's barbecue chicken, hot chicken sandwiches, coleslaw, baked beans, chips, and cake. Guest speaker is Karen Kasmauski, photographer for National Geographic for 20 years. She has been interviewing TAV members for an audio presentation for one of her classes at OU.

The ceremony to install new memorial bricks will begin at 11 a.m. Saturday, May 12, at the ACVNA building and garden. Village members are welcome at both of these events.




Short Notes

Help people keep landlines: The Ohio House Public Utilities Commission will start hearings soon on SB 271, which will enable phone companies to remove service from rural areas they consider unprofitable. It will also remove all price protections and disallow bill credits for customers whose service is interrupted. This is the ideal time to call your legislator about the importance of keeping no-frills landline service everywhere. Call 1-888-844-5009 to register your objection to SB 271.



Research opportunity: Emily Shijing Lin is conducting research on mobile application usage. Village members who own an iPhone or iPod may participate by evaluating four apps in a two-hour experiment. Each participant receives \$25. Reach Emily at 347-687-7051 or sl427210@ohio.edu for more info.



Tai Chi class: A Tai Chi class is being offered by Frances Gander at the Shade Community Center, 6:30-7:30 p.m. Thursdays. It starts May 10, and the charge is \$10 a session. Call her at 593-7915 or e-mail threetreasures@frognet.net.

“My First 5-K” will take place on Saturday, May 19, starting at the West State St. Park, from the point at which the bicycle path passes the park. Starting time is 9 a.m. This is not necessarily a race, but an opportunity for people who have been in training since mid-March to prove to themselves and everyone else that they can complete 5 kilometers (approximately 3.1 miles). A participant may walk the entire route, walk it swiftly, combine walking and running, or run all the way. A good many senior citizens are involved, so if May 19 is a nice day, how about standing along the bike path to cheer these folks on? Rain date is May 26.

Benefit yourself & TAV Village in ‘Walk for Your Cause’ May 15

Mark Tuesday, May 15, on your calendar. That’s the day on which those who are able could help win “the pot” at the “Walk for Your Cause” competition sponsored by WellWorks.



There are four stations on the OU campus, and you may begin at any of them — Human Resources and Training Center, McCracken Hall, Ping Recreation Center, and Grover Center. At each station you pass, you are permitted to make out a slip with your name, contact info, and a 501(c)3 organization of your choice.

You may do this four times if you go to all four stations. Each slip you complete calls for a \$5 donation (please bring cash), and they are limited to one per table. You may start as early as 11 a.m. The “walk” is over at 2 p.m. There will be drawings for four free one-year memberships to WellWorks. Then all slips will be put back in the “hat,” and the drawing for the organization will be held. That organization gets all the money paid in that day by all those walking. We have nearly 100 members. If just 50 of us would do this — do the math! Rain date is May 17. Call 593-2093.

You can help with Flower Power

If you have been collecting vases over the winter (or before), ACVNA volunteer coordinator Christie Truly encourages you to drop them off at the building so they can be gotten ready to receive flowers, which are scheduled to be available by June 4.



The drop-off day for flowers is Monday each week. Flowers can be brought in between 9 a.m. and 12 noon. Volunteers arrange them for clients’ homes in the early afternoon.



Caregiver series goes through end of May

The annual Caregiver Series started on May 3 and will run through May. Sessions meet at the Athens Public Library 3:30-5 p.m. every Thursday, with both the first and last 15 minutes set aside for refreshments and socializing. The main lesson each time is 3:45 to 4:45 p.m.

The first session concerned making transfers easier and safer, as well as a look at assistive devices. Starting with May 10, the subjects are: advance directives and other legal matters, residential care and code status, talking with doctors, and preventing boredom.

The Caregiver Series is sponsored by the OU Heritage College of Osteopathic Medicine, Athens Public Library, and the College of Health Sciences and Professions. For more information, call 593-2266.

High Society Jazz May 20



May at the High Society Jazz gathering means free admissions for as



many guests as you would like to bring, plus "Name That Tune" and "Stump the Band."

Members pay their usual \$3 and nonmembers \$5, and members or new joiners may also bring guests along to give them a pleasurable afternoon of good music. Time is 3:30 to 6 p.m. on Sunday, May 20, at Abrio's Brick Oven, 859 E. State St.

A treat (if exams don't interfere) will be the OU Jitterbug Dancers, who enjoyed their last date with us.



You're never too old to

May is Older Americans Month nationally, and the Ohio Department of Aging has announced its theme, "You're never too old to . . .," which is designed to spotlight the many and varied ways in which older adults share their experience, wisdom, and understanding with other generations.

How would you complete the sentence in order to demonstrate that senior citizens continue to grow, thrive, and contribute to their communities? Your contributions could help with programming and the development of other interests of our Village. Send your ideas to Patty Mercer so we can develop and list and perhaps have a session based on this collective wisdom.

Plains Lions Club collecting glasses at ACVNA

All of us are familiar with the long-time Lions Club program of collecting used eyeglasses to make available to those who might not otherwise be able to afford them. From May 9 through June 9, we will have a box in the ACVNA Lobby, where we can deposit used eyeglasses for this program. Look around your house and bring yours old glasses in to help others.

Lane's Corner: a letter of thanks for help

What if you have an emergency involving your house or property? Is Lane on call for such things, and can he help?

YES. Witness this letter from member Evelyn M. Geiger:



"The alarming situation in which I found myself several weeks ago, with no one on the scene out here in the country on a Friday evening, had me fighting back panic and shaking a bit in the legs.

"A propane tank began gushing gas (perhaps had already been doing so for some time), and I observed this quite by chance when I went outside.

"What to do? Whom to call? I thought of Lane, only a few miles away. But would he be at home? Would he come for an emergency, especially at nearly 9 p.m. Friday night?

"He was home. He came immediately, calmed me down as he assessed the situation, and shut down both tanks. The regulator had malfunctioned. Next time I will be more courageous since I have learned from Lane that a shutdown would not be inviting more trouble. For *this* time, I was one of many who owe so much for Lane's thoughtful, expert problem-solving."