

2015 Healthcare Resource Guide
– Mental Health Programs and Substance Abuse Services –
Prepared by United Appeal for Athens County 2-1-1
Give help. Get Help. Call 2-1-1 or visit www.211athenscounty.org for updates and additional
resources!

Hotlines

Athens County Children's Services Crisis Line

Mon-Fri: 740-592-3061; Weekends, holidays, after hours: 877-477-0772

My Sister's Place Hotline

24/7: 800-443-3402

National Suicide Prevention Lifeline

English - 24/7: 800-273-8255; Spanish - 24/7: 888-628-9454

OU Counseling & Psychological Services Crisis Line

Ohio University students - 24/7:740-593-1616

Athens County Children Services 18 Stony Brook Drive, Athens, Ohio 740-592-3061; After
Hours: 877-477-0772

www.athenschilchildrenservices.com

Description: Provides case management and counseling support for families who have finalized adoption and live in Athens County. Also provides school social workers to give counseling and support to children in Athens County schools. Most services are free. For information about these services, call or visit the website.

Hours: Mon-Fri 8:30 am-4:30 pm

Chillicothe VA Medical Center 17273 State Route 104, Chillicothe, Ohio 800-358-8262 or
740-773-1141

www.chillicothe.va.gov

Athens Community-Based Outpatient Clinic, 510 West Union Street, Athens, Ohio

Hours: 8:30 am-4:30 pm

www.chillicothe.va.gov/locations/athens.asp 740-593-7314

Description: Provides mental health services to veterans including: mental health consultations, evaluations, and treatment. Fees vary; some services are free. Call for information about eligibility, intake requirements for veterans, and fees.

The Gathering Place 7 North Congress Street, Athens, Ohio 740-594-7337

www.thegpathens.org

Description: The Gathering Place provides a drop-in center that offers mental health support services to adults coping with mental illness. Must be an adult, 18 years or older, and must have a

mental illness in order to utilize these free services. Call or walk-in for more information or to begin the enrollment process. Office Hours: Mon-Sat 10 am-8 pm, Sun 10 am-6 pm

Health Recovery Services 224 Columbus Road, Athens, Ohio 866-614-9588 or 740-592-6724
www.hrs.org

Hours: Mon-Fri 8 am-4 pm

Description: Offers a variety of counseling and mental health programs including: adolescent counseling, substance abuse counseling, gambling counseling, and chemical dependency treatment. Eligibility, intake requirements, and fees vary depending on the program. Call or visit the website for information about services, intake, eligibility, and fees. Also offers:

Basset House, an intensive residential treatment for adolescents ages 13-18.

Rural Women's Recovery Program, an intensive residential treatment for adult women.

Hopewell Health Centers

www.hopewellhealth.org

Description: Hopewell Health Centers offer many health programs including, comprehensive healthcare for low-income families and comprehensive mental health care programs. These include: a dental clinic, family and community medicine, mother and infant care, mental health day treatment programs, and mental health evaluations. Cost of programs vary and most are based on a sliding scale. Accepts Medicaid. Contact insurance company to see if covered. For information on eligibility, intake, and fees for these programs or to learn about other programs that may be offered, please call.

Athens Behavioral Health Care Clinic, 90 Hospital Drive, Athens, Ohio 740-592-3091

Office Hours: Mon-Fri 9 am-5 pm,

Operation: Mon & Wed 8 am-6 pm, Tue & Thu 8 am-7 pm, Fri 8 am-5 pm

REACH Youth Partial Hospitalization, 9 Kenny Drive, Athens, Ohio 740-589-5132

Hours: Mon-Fri 8 am-3:30 pm

Respite Adult Crisis Program, Athens, Ohio 740-593-5164

Hours: Available 24 hrs by referral only

Integrated Services of Appalachian Ohio 11 Graham Drive, Athens, Ohio 740-594-6807

www.integratedservice.org

Hours: Mon-Fri 8 am-5 pm; Service hours vary

Description: Offers a home-based mental health support service for individuals who have mental or emotional health problems. To obtain this service, individuals must have an agency referral, usually from Job and Family Services, Children Services, or Juvenile Court. Fees vary and Medicaid is accepted. Please call for information or to start the intake process.

John W. Clem Recovery House 8044 Dairy Lane, Athens, Ohio 740-593-3797
www.clemhouse.org

Office Hours: Mon-Fri 8 am-5 pm

Description: A 24-hour recovery house for adult men after chemical detoxification. Uses the 12-step program. Length of stay varies from a minimum of three months to more as determined by staff. Call or visit the website for information about services, intake, eligibility, and fees.

My Sister's Place

www.msathens.org

Services are 24/7; Hotline: 800-443-3402

Office Hours: Mon-Fri 8:30 am-4:30 pm; 740-594-8337

Description: My Sister's Place offers free support and counseling for victims of physical, emotional, or sexual relationship abuse. Services offered include: 24/7 hotline, emergency shelter, outreach counseling, and court advocacy. Services are available to victims of domestic abuse/violence. Drivers License or State Identification Card will be requested at intake. Please call to access services or to receive information.

NAMI (National Alliance on Mental Illness) 100 Hospital Drive, Athens, Ohio 740-593-7424
www.namiathensohio.org

Hours: Vary

Description: Offers a variety of free courses to help educate individuals about mental illness or ways for people with mental illness to cope. Call for information about dates, times, and intake processes.

Ohio University Counseling and Psychological Services Hudson Health Center, Third Floor, Athens, Ohio

24/7 Crisis Intervention Service: 740-593-1616 www.ohio.edu/counseling

Hours: Office Mon-Fri 8 am-5 pm; Drop-in Mon-Fri 9:45 am-3:15 pm

Description: Provides counseling services for Ohio University students on topics including, individual and group counseling, body image and eating disorder counseling, and substance abuse treatment. These services are available to Ohio University students. Fees vary and are dependent on if the student is enrolled in the WellBeing plan. Please call for more information about eligibility and intake processes.

Ohio University Psychology and Social Work Clinic 002 Porter Hall, Ohio University, Athens, 740-593-0902

www.ohiopsychology.com/Clinic.html

Hours: Mon-Fri 8 am-noon; Mon & Thu 1 pm-6 pm; Tue & Wed 1 pm-7 pm

Description: Offers counseling for individuals, groups, families, and couples. Services are provided by graduate trainees under supervision of licensed faculty. Also, offers

neuropsychological assessments and intelligence/ personality testing. Nominal fees for services. Please call for more information or to make an appointment.

OhioHealth Appalachian Community Visiting Nurse Association, Hospice and Health Services 30 Herrold Avenue, Athens, Ohio 800-837-1112 or 740-594-8226

www.acvna.org

Office Hours: Mon-Fri 8 am-4:30 pm; Service hours vary

Description: Provides free short-term grief counseling, education, and grief therapy referrals for individuals who are coping with the loss of a loved one who was in this hospice program. There is no required documentation to utilize services. Call for information or to enroll in counseling.

Pregnancy Resource Center of Athens County 43A South Court Street, Athens, Ohio
24/7 Helpline 800-712-4357

www.athenspregnancy.com

Hours: Mon & Wed 11 am-3 pm, Tue & Thu 3 pm-7 pm, Fri 11 am-1 pm;

Summer Hours: Tue & Thu 5 pm-7 pm, Fri 11 am-1 pm

Main Location: Ohio University: 316 Baker University Center, Athens, Ohio 740-592-4700

Description: Offers pregnancy peer counseling along with information for expectant parent, fertility awareness, and adoption, and counseling on services related to pregnancy. Free services available to pregnant women, men/fathers, and families. No documents are needed. Call for information about services or to make an appointment. Walk-ins are welcome.

TASC of Southeast Ohio 86 Columbus Road, Athens, Ohio 740-594-2276

www.tascofsoutheastohio.org

Hours: Mon-Fri 8 am-5 pm

Description: Offers AOD (alcohol and other drugs) treatment and counseling. These services include: individual counseling, family counseling, group counseling, etc. Fees vary and are based on a sliding scale. Services are available for individuals, or families of individuals, with substance abuse problems or suspected substance abuse problems. Involvement of a parent/guardian is mandatory for minors. Please call for more information or to arrange an initial screening for intake.

Wellspring Retreat and Resource Center 525 Richland Avenue, Athens, Ohio 740-589-5600
wellspringretreat.org/

Description: Provides counseling, education, and support services for individuals who have been victims of abusive organizations (cults) or victims of abusive people. Accepts families and groups as clients. Also provides consultation for people concerned about an organizations' possible cult status/affiliation. Fees vary based on service. Check with insurance company for service coverage. Please call or visit the website for more information.

Office Hours: Mon-Fri 10 am-4 pm

Dial 2-1-1 from any local phone, (866) 784-3132 from any location, or visit

www.211athenscounty.org for updates and additional resources
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Any errors and omissions are unintentional and are the responsibility of United Appeal for Athens County 2-1-1. Please call or email with corrections or additions: (740) 592-1293
resource@unitedappeal.org

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