

2015 Healthcare Resource Guide  
– Medical Health Programs and Resources –  
Prepared by United Appeal for Athens County 2-1-1  
Give help. Get Help. Call 2-1-1 or visit [www.athenscounty.org](http://www.athenscounty.org) for updates and additional resources!

**Area Agency on Aging District 8 Buckeye Hills-Hocking Valley Regional Development District, 1400 Pike Street, Marietta, Ohio**

[www.areaagency8.org](http://www.areaagency8.org) 800-835-8088 or 740-374-9436

Office Hours: 8:30 am-4:30 pm

Description: Offers a variety of health related services for seniors.

*Caregiver Advocacy Program* provides free information and consultation to caregivers of individuals age 60+ or with dementia. Also provides options for respite care, case management services, and medical equipment; fees vary.

*Southeast Ohio Aging and Disability Resource Network (SE Ohio ADRN)* hosts the Network of Care website which features an easy to use Service Directory of local agencies and organizations, a Health Library, a listing of Assistive Devices, and a free on-line electronic personal health record. The SE Ohio ADRN helps to streamline services and supports for older adults, people with disabilities and their caregivers. <http://seohioadrn.oh.networkofcare.org>

*Project Lifesaver* provides a free rapid response search and rescue service designed for individuals who wander. Individuals must have 24/7 caregivers and wear a unit that is checked monthly.

*Passport Program* provides in-home alternatives to nursing home care for qualified low-income older adults. Services include personal care, homemaker services and respite or adult day care.

*Senior Housing Program* provides home assessment, home mobility modifications, and minor home repair services for seniors age 60+ with annual income at or below 35% of area median income.

*Long-Term Care Ombudsman Program* advocates for quality care and negotiates for the solution of problems that arise between providers and consumers of long-term care services, including nursing homes.

*Assisted Living Waiver Program* pays for a variety of assisted living services for older adults who are Medicaid eligible. All participants receive a Medicaid card to assist with physician visits, nursing services, and other services.

**Athens City-County Health Department** 278 West Union Street, Athens Ohio  
www.health.athens.oh.us 800-945-6447 or 740-592-4431

Office Hours: Mon-Fri 7:30 am-4 pm

Services offered include:

*Free blood pressure screenings* on Mondays from 1 pm to 3 pm and Thursdays from 8 am to 11 am. Open to the public and walk-ins are welcome.

*Immunizations* available Monday through Friday from 8 am to 3 pm with appointment. Most childhood vaccines and some adult vaccines are free. Call for information on fees and to schedule an appointment.

*Flu vaccines* available by appointment. Must bring insurance card to appointment, if applicable. Call for more information and to schedule an appointment.

*Pregnancy tests* are available, with an appointment, at a cost of \$5.00 (no one will be turned away for inability to pay). Call to schedule an appointment.

**Athens County Government Sheriff's Office** 13 West Washington Street, Athens, Ohio  
[www.athenssheriff.com](http://www.athenssheriff.com) 740-593-6633

Office Mon-Fri 8 am-4 pm; Services 24/7

Free services offered include:

*STAR program* provides daily phone call to elderly, home-bound, or medically disabled individuals to confirm safety.

*Prescription Drug Disposal program* for expired or no longer needed medications.

*Safe Haven for Newborns* program accepts infant up to 30 days old from birth parent who wants to voluntarily give up newborn.

**Athens Medical Associates** 86 Columbus Circle Suite 203, Athens, Ohio  
www.ohiohealth.com/obleness 740-566-4644

Office Hours: Mon-Fri 8 am-5 pm; Services -vary

Description: Multi-specialty, primary care physicians and practitioners group associated with OhioHealth O'Bleness Hospital. Physicians specialties include family medicine, wound care, internal medicine, acupuncture, osteopathic manipulative treatment, addiction medicine, general surgery, orthopedic sports medicine, ear nose and throat (ENT), obstetrics/gynecology, urology, and neuromusculoskeletal medicine. Various locations. Accepts Medicaid, Medicare and most major health insurance; check with insurance before treatment to confirm coverage.

**Chillicothe VA Medical Center** 17273 State Route 104, Chillicothe, Ohio  
www.chillicothe.va.gov 800-358-8262 or 740-773-1141

**Athens Community-Based Outpatient Clinic**, 510 West Union Street, Athens, Ohio

[www.chillicothe.va.gov/locations/athens.asp](http://www.chillicothe.va.gov/locations/athens.asp) 740-593-7314

Office Hours: 8:30 am-4:30 pm

Description: Provides many health services for veterans including: extended care programs, medical foster home program, mental health consultations, evaluations, treatment, nutrition services, pharmacy services, primary care with an emphasis on health care prevention, rehabilitation, social work services, spinal cord injury care, and women veterans services. Eligibility, fees, and intake depend on needed services. Call for information about current programs.

### **Community Health Programs - Ohio University Heritage College of Osteopathic Medicine**

Grosvenor West Hall, Ground Floor, Athens, Ohio

[www.oucom.ohiou.edu/csp](http://www.oucom.ohiou.edu/csp) 800-844-2654 or 740-593-2432

Office Hours: Mon-Fri 8 am-5 pm; Services -vary

Description: Offers many health services geared towards residents of Southeastern Ohio with service that they may not otherwise be able to obtain. Provided services include:

*Heritage Community Free Clinic:* Provides medical programs to adults from Athens, Hocking, Morgan, Perry and Washington counties. Clinics are offered in these specialties: Primary Care, Diabetes, and Dermatology. Also offers a mobile clinic that travels to various counties in Southeastern Ohio. For more information about these programs and their schedules, please call or visit the website.

*Breast and Cervical Cancer Screening and Education Clinic:* Provides free breast and cervical cancer screenings to uninsured or under-insured women. For more information, please call or visit the website.

*Immunization Program:* Offers free or low-cost immunizations to children and adults. For more information about cost or clinic hours, please call or visit the website.

*Family Navigator Program:* Provides free programs to parents/caregivers of special needs children. Offers screenings for signs of developmental delays, risk factors of autism spectrum disorders, and provides support services.

### **Holzer Clinic**

2131 East State Street, Athens, Ohio

[www.holzer.org](http://www.holzer.org) 855-446-5937 or 740-589-3100

Hours: Urgent Care Mon-Fri 9 am-8pm; Sat-Sun 11 am-6 pm; Office Mon-Fri 8 am-5 pm

The Clinic at Walmart, 929 East State Street, Athens, Ohio 740-593-3594

Hours of Operation: Mon-Fri 10 am-8 pm; Sat 9 am-7pm; Sun Noon-5 pm

Description: Holzer Clinic provides many health related services including: allergy care, audiology services, cardiology services, chiropractic services, dermatology, endocrinology, family practice clinic, general surgery services, gynecological services, ophthalmology,

orthopedics, pediatric services, physical therapy, and urgent care. Fees, eligibility, and intake requirements vary per program. Call for information about these or other services.

### **Hopewell Health Centers**

[www.hopewellhealth.org](http://www.hopewellhealth.org)

*Athens County WIC Program*, 70 North Plains Road, Suite 117, The Plains, Ohio  
740-677-4002

Office Hours: Mon-Fri 8 am-4:15 pm

*Coolville Primary Health Care Clinic*, 25716 Wilson Street, Coolville, Ohio  
740-846-0008

Hours:: Mon-Fri 8 am-5 pm; closed noon-1 pm

*The Plains Primary Health Care Clinic*, 88 North Plains Road, Suite 1, The Plains, Ohio  
800-516-0339 or 740-797-2352

Hours: Mon-Fri 8 am-5 pm

Description: Hopewell Health (formerly known as Family Healthcare and Tri-County Mental Health and Counseling) offers many health programs including comprehensive healthcare for low-income families and comprehensive mental health care programs. These include: a dental clinic, family and community medicine, mother and infant care, mental health day treatment programs, and mental health evaluations. Cost of programs vary and most are based on a sliding scale. Call for information on eligibility and intake for these programs or to learn about other programs.

### **OhioHealth Appalachian Community Visiting Nurse Association, Hospice and Health Services**

30 Herrold Avenue, Athens, 800-837-1112 or 740-594-8226  
[www.acvna.org](http://www.acvna.org)

Hours: Office Mon-Fri 8 am-4:30 pm; Services hours vary

Description: Offers in-home health services, including:

*Health Services Program* offers home care aide services for individuals who need assistance with personal care and household tasks. Offers emergency response system installation and management.

*Home Health Care Program* offers skilled nursing and therapy services for individuals recovering from an accident, illness, or surgery.

*Hospice Care Program* for individuals who have a terminal illness and wish to pursue greater comfort at the end of life rather than a continuation of curative care. Care is focused on the physical, emotional, and spiritual needs of the individual and his/her family.

**OhioHealth Nelsonville Medical and Emergency Services (formerly Doctors Hospital Nelsonville)** 1950 Mount Saint Mary Drive, Nelsonville, Ohio 740-753-7300

[www.ohiohealth.com/nelsonville/](http://www.ohiohealth.com/nelsonville/)

Description: Includes an outpatient department of O'Bleness Hospital offering Emergency, Radiology, Laboratory, Pharmacy, Physician Services, Rehabilitation Services, Coumadin Clinic, and Respiratory Therapy. Also, includes offices of numerous community physicians. Accepts Medicaid, Medicare and most major health insurance; check with insurance before treatment to confirm coverage. Please call or visit the website for more information.

**OhioHealth O'Bleness Hospital** 55 Hospital Drive, Athens, Ohio 740-593-5551

[www.ohiohealth.com/oblness](http://www.ohiohealth.com/oblness)

Hours: Office Mon-Fri 8 am-4:30 pm; Hospital 24/7

Description: O'Bleness Hospital offers a numerous amount of medical services encompassing things such as: cardiovascular care, childbirth education, ear, throat and nose care, emergency room care, diabetes management, family services, general surgery, general health screenings and services, mother and infant care, outpatient services, oncology services, rehabilitation services, women's health services, as well as other typical hospital services. Fees, eligibility, and intake procedures vary from program to program. Accepts Medicaid, Medicare and most major health insurance; check with insurance before treatment to confirm coverage. Please call or visit the website for more information about these services, or to learn about other programs or services that may be offered.

**Planned Parenthood of Southeast Ohio** 1005 East State Street Suite W, Athens, Ohio

740-593-6979

[www.ppgoh.org](http://www.ppgoh.org)

Hours: Mon & Fri 9 am-5 pm, Tue & Thu 11 am-5 pm, Wed 10 am-6 pm

Description: Provides reproductive/sexual healthcare including

*Information and access to birth control* and emergency contraception.

*Men's Health Services* including reproductive/sexual health problem exams, information, and treatment. \*Testicular examinations \*Jock itch examinations and treatment.

*Sexually transmitted infections screening* and treatment. Confidential HIV testing and treatment referrals.

*Women's Health Services* including breast exams, cervical cancer screening, hormone replacement therapy, incontinence education and treatment, infertility education, mammogram referrals, Pap test, testing and treatment for menopause/midlife issues, urinary tract infections, and vaginal infections. Provides adoption and abortion referrals. Post-abortion follow-up services available. Provides Gardasil cervical cancer vaccine.

**Pregnancy Resource Center of Athens County**

[www.athenspregnancy.com](http://www.athenspregnancy.com)

Hours: Mon & Wed 11 am-3 pm, Tue & Thu 3 pm-7 pm, Fri 11 am-1 pm

24/7 Helpline 800-712-4357

Summer Hours: Tue & Thu 5 pm-7 pm, Fri 11 am-1 pm

Main Location: 43A South Court Street, Athens, Ohio 740-592-4700

Ohio University: 316 Baker University Center, Athens, Ohio

Description: Offers pregnancy peer counseling along with information for expectant parent, fertility awareness, and adoption, and counseling on services related to pregnancy. Free services available to pregnant women, men/fathers, and families. No documents are needed. Call for information about services or to make an appointment. Walk-ins are welcome.

**Respite Volunteer Program** - Ohio University College of Health Sciences and Professions  
Communication Sciences and Disorders, Grover Center W218, Athens, Ohio 740-593-1356  
[www.ohio.edu/chsp/rcs/csd/communityengagement/respice-program.cfm](http://www.ohio.edu/chsp/rcs/csd/communityengagement/respice-program.cfm)

Description: Free respite services for caregivers of adults with disabilities, with a focus on communication and socialization. Call or visit the website for more information or to set up a meeting.

**University Medical Associates** Castrop Center, 75 Hospital Drive, Athens, Ohio

[www.umadoc.com](http://www.umadoc.com)

Description: University Medical Associates offers health care services to the residents of southeastern Ohio while providing clinical training opportunities for future osteopathic physicians. Specialties include Family Medicine, Pediatrics, Internal Medicine, Diabetes, Endocrinology, Osteopathic Manipulative Medicine, Pathology, Geriatrics, Urgent Care, Acupuncture, Student Health, and Women's Health. Fees vary depending on service. Accepts Medicaid, Medicare and most major health insurance; check with insurance before treatment to confirm coverage.

*Endocrine & Diabetes Center*, Suite 200 740-566-4880

Hours: Mon-Fri 8 am-5 pm

*Express Care*, 265 West Union Street Suite A, Athens, Ohio 740-594-2456

Hours: Mon-Fri 9 am-6 pm, Sat & Sun 10 am-6 pm

**Hudson Health Center**, 2 Health Center Drive, Athens, Ohio 740-593-1660

Hours: Mon-Fri 8 am-6 pm, Sun 1 pm-5 pm

Parks Hall, Ohio University, West Green Drive, Athens, Ohio

Acupuncture and Osteopathic Manipulative Medicine, 408 Parks Hall

Hours: Mon-Fri 8 am-5 pm 740-593-2447

Family Medicine, Second Floor, Parks Hall

Hours: Mon-Fri 8 am-5 pm 740-593-2516

Geriatrics, 142 Parks Hall

Hours: Mon-Fri 8 am-5 pm 740-593-2482

Pediatrics, 329 Parks Hall

Hours: Mon-Fri 8 am-5 pm 740-593-2444

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resource@unitedappeal.org

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