



2017 Healthcare Resource Guide

– Hotlines/Helplines –

Prepared by United Appeal for Athens County 2-1-1
Call 2-1-1 or visit www.211athenscounty.org for updates and additional resources!

- Alcoholics Anonymous Helpline** www.aacentralohio.org **614-253-8501**
Description: Provides a 24-hour alcoholics resource help line to provide local meeting locations and times.
- Alzheimer's Association Help Line** www.alz.org/wv **800-272-3900 ; TDD: 866-403-3073**
Description: Provides a 24-hour, toll-free help line in 200 languages. Call for answers about Alzheimer's disease or memory loss, medications and treatment options, brain health and care options, care-giving tips and respite care options, services available in your community and referrals, or for emotional support related to caring for a person with Alzheimer's.
- Area Agency on Aging District 8** www.areaagency8.org **800-331-2644** (Mon-Fri 8:30 am-4:30 pm)
(Buckeye Hill-Hocking Valley Regional Development District; SE Ohio Aging and Disability Resource Network)
Description: Provides an information and referral helpline for adults over 60, individuals 18 and older with disabilities, and their caregivers. District 8 covers Athens, Hocking, Meigs, Monroe, Morgan, Noble, Perry, and Washington Counties.
- Athens City Boil Order Hotline** <http://www.ci.athens.oh.us/faq.aspx?qid=98> **740-594-5078**
Description: Provides information and updates on boil orders issued in the City of Athens includes surrounding areas serviced by Athens City Water (The Plains, Wonder Hills).
- Athens County 2-1-1 Helpline** www.211athenscounty.org **211** (within Athens County)
Description: Offers a 24-hour help line to provide referrals and information about local agencies and government offices. **866-784-3132** (if 211 does not work)
- Athens County Children's Services Crisis Line** www.athenschilchildrenservices.com
Description: Receives and investigates calls about child abuse, neglect and abandonment. **740-592-3061** (Mon-Fri 8:30 am-4:30 pm)
877-547-3383 (weekends, holidays, after hours)
- Athens County Prosecutors Office Crime Victim Support Line** **740-592-3208**
Description: Provides information and support to victims of crimes in Athens County.
- Gamblers Anonymous Hotline** www.gamblersanonymous.org **855-222-5542**
Description: Provides a 24-hour, toll-free hot line for people dealing with gambling addiction.
- Hopewell Health Crisis Services Line** www.hopewellhealth.org/services.htm **888-475-8484**
Description: Provides a 24-hour mental health crisis hotline, including suicide/homicide prevention and sexual assault issues. Call 9-1-1 for immediate danger situations. **740-593-3344**
- My Sister's Place Hotline** **800-443-3402**
Description: Provides a 24-hour, toll-free hot line for people dealing with domestic violence.
- National Cancer Information Center** www.cancer.org/aboutus/howwehelpyou/contactus/index **800-227-2345**
Description: Trained Cancer Information Specialists can answer questions 24 hours a day, every day of the year to empower people with accurate, up to date information to help make educated health decisions. Connects patients, caregivers, and family members with valuable services and resources or provides information on how to get involved and support the fight against cancer.
- National Disaster Distress Helpline** www.samhsa.gov/find-help/disaster-distress-helpline **800-985-5990**
Description: Provides crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.
- National Domestic Violence Hotline** www.thehotline.org **800-799-7233 ; TTY: 1-800-787-3224**
Description: Around the clock, seven days a week, confidential and free of cost, provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse.



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- National Human Trafficking Hotline** www.humantraffickinghotline.org **888-373-7888**
Description: Provides human trafficking victims and survivors with access to critical support and services to get help and stay safe. Also equips the anti-trafficking community with tools to combat human trafficking.
- National Parkinson Foundation Helpline** www.centralohioparkinson.org **800-473-4636**
Description: Get questions about Parkinson's answered in English or Spanish.
- National Safe Haven Alliance Crisis Hotline** www.nationalsafehavenalliance.org **888-510-2229**
Description: A crisis counseling hotline for birth parents of infants up to 30 days old, encouraging them to make the right choice for themselves and their babies, whether it is a safe-haven relinquishment, adoption, or parenting. If relinquishing a baby in Ohio, the baby must be left with an intake employee on duty at a medical hospital, emergency medical services provider or law enforcement agency within 3 days of birth.
- National Sexual Assault Hotline** www.rainn.org **800-656-4673**
Description: Provides a 24-hour, toll-free hot line for people dealing with sexual assault.
- National Suicide Prevention Lifeline** www.suicidepreventionlifeline.org **800-273-8255**
Description: Provides a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress, including veterans. This national network of local crisis centers provide crisis counseling and mental health referrals day and night.
- Ohio AIDS/HIV/STD Hotline** www.ohiv.org **800-332-2437** ; TTY/TDD: 800-750-0750
Description: Provides callers and chat users with information about HIV, STIs, sexual health, and testing/health resources - privately and anonymously.
- Ohio Tobacco Quit Line** <https://ohio.quitlogix.org/en-US/> **800-784-8669**
Description: Provides a coaching program for people who want to stop using tobacco. Trained counselors guide and support the client through the quitting process. Nicotine Replacement Therapy may be available to some qualified callers.
- Ohio University Counseling and Psychological Services Crisis Line** **740-593-1616**
Description: Provides a 24-hour crisis intervention service for Ohio University students.
- Pregnancy Resource Center Helpline** **800-712-4357**
Description: Provides a 24-hour, toll-free pregnancy resource help line.
- SAMHSA's National Helpline** www.samhsa.gov/find-help/national-helpline **800-662-4357**
Description: Substance Abuse and Mental Health Services Administration provides a 24-hour, information service for anyone facing substance abuse or mental health issues. Referrals to local treatment facilities, support groups, and community-based organizations. Free publications and information are available.
- Sojourners Crisis Line** www.sojournerscare.net **740-596-1117**
Description: Provides a 24-hour, toll-free crisis help line for runaway/homeless youth in Athens, Hocking, Gallia, Jackson, Meigs, Ross, and Vinton Counties.
- Veterans' Crisis Line** www.veteranscrisisline.net **800-273-8255**
Description: Veterans, service members, and their loved ones can call **1-800-273-8255** and **Press 1**, send a text message to **838255**, or chat online to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care.